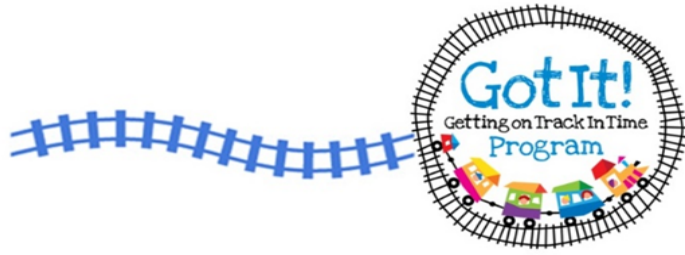


Got It!



Power of Yet

Does your child find it hard to persist with new or hard tasks?

We can increase our children's confidence and perseverance when faced with difficult tasks through one little word... **YET!** This word unlocks a 'growth mindset': which means understanding that with effort over time we can accomplish things we couldn't before.

How do you unlock this Superpower?

- Notice when your child (or yourself) uses words like **can't** and add the word **YET!**
 - I can't do this...**YET!**
 - This doesn't work... **YET!**
 - I don't understand... **YET!**



- Use the word **yet** in your own life e.g. "I don't know that – **yet**. But I can find out".
- Normalise mistakes. They are steps along the way to success. "Mistakes are exercises for our brain and mean we are trying."
- Remind your child that the feelings they get when they are facing difficulty mean their brain is growing! Every time they do it their brain gets a little stronger and things get a little easier.
- Praise perseverance and effort regardless of end results. "I can see you put in a lot of effort".



Remember: "There is a difference between not knowing and not knowing **YET!**" – Shelia Tobias

Resource derived from "The power of believing that you can improve" by Carol Dweck

<https://www.youtube.com/watch?v=X0mgOOSpLU>